



Lunch: \$2.65 Reduced: \$.40

All Meals Served with Fruit and Milk
PBJ, Available Every Day.



Nutrition Tip: With September being Whole Grains month try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.

Reference: USDA MyPlate



Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL
LABOR DAY 2

Chicken Smash Bowl
Dinner Roll 3

Baked Spaghetti
Steamed Broccoli
Breadstick 4

Crispitos
Refried Beans
Chips and Salsa 5

Country Fried Steak
Cooked Carrots
Mashed Potatoes w/gravy
Carnival Cookie 6

General Tso Chicken
Asian Rice
Roasted Vegetables 9

Steak Bites
Potato Spudsters
Carrots Dinner Roll
Choc Chip Cookies 10

Chicken Patty
Sandwich
Cheesy Potatoes
Green Beans 11

Queso Blanco
Mexican Rice
Refried Beans
Chips and Salsa 12

Big Daddy's Pizza
Romaine Salad
Warm Cinnamon Apples 13

Chicken Alfredo
Broccoli
Garlic Bread 16

Deluxe Hamburger
Baked Beans
Curley Fries 17

Beef Nachos
Mexican Rice
Corn 18

Salisbury Steak
Carrots
Mashed Potatoes
Dinner Roll- Carnival Cookie 19

Grilled Cheese
Tomato Soup & Crackers
Green Beans 20

Beef and Cheese
Quesadilla
Refried Beans
Salsa 23

Walking Taco
Roasted Black Beans & Corn
Chips and Salsa 24

Pulled Pork Sandwich
Tator Tots
Peas 25

Chicken Tenders
Macaroni and Cheese
Cooked Carrots 26

School House Pizza
Broccoli
Bread Stick w/Marinara
Brownie 27

Meatball Sub
Waffle Fries
Baby Carrots 30

Mon/Fri :Soup & Salad Bar
Wed: Baked Potato Bar
Tues/Thur: Sub Sandwich Bar

This organization is an equal opportunity provider.

