

August 2019

Greensburg High School

BREAKFAST



Breakfast Served from: 7:15-7:55
Price : \$1.55 Reduced \$.30

This institution is an equal opportunity provider.



Nutrition Tip: Drink water! Sip water or other drinks with few or no calories to help maintain a healthy weight. Keep a water bottle in your bag or at your desk to satisfy your thirst throughout the day.

Reference: USDA MyPlate



Monday



Tuesday

Wednesday

Thursday

Friday

Assorted Cereal, Pop Tarts and Breakfast Bars Available Every Day

French Toast Sticks **1**
Fruit/Juice
Milk

Muffins **2**
Sausage Links
Fruit
Juice
Milk

Pancake Wrap **5**
Fruit
Juice
Milk

Sausage Gravy Biscuit **6**
Fruit/Juice
Milk

Mini Bagels Sausage Links **7**

Breakfast Pizza **8**
Fruit
Juice
Milk

Coffee Cake Yogurt **9**
Fruit/Juice
Milk

French Toast Sticks **12**
Fruit
Juice
Milk

Sausage Gravy Biscuit **13**
Fruit/Juice
Milk

Cheese Omelet Hash Brown **14**
Fruit/Juice
Milk

Breakfast Sandwich **15**
Fruit/Juice
Milk

Muffins **16**
Sausage Links
Fruit
Juice
Milk

Pancake Wrap **19**
Fruit
Juice
Milk

Sausage Gravy Biscuit **20**
Fruit/Juice
Milk

Mini Bagels Sausage Links **21**

Breakfast Pizza **22**
Fruit
Juice
Milk

Coffee Cake Yogurt **23**
Fruit/Juice
Milk

Pancake Wrap **26**
Fruit
Juice
Milk

Sausage Gravy Biscuit **27**
Fruit/Juice
Milk

Cheese Omelet Hash Brown **28**
Fruit/Juice
Milk

Breakfast Sandwich **29**
Fruit/Juice
Milk

Muffins **30**
Sausage Links
Fruit
Juice
Milk